



DEBATE2021

WHERE PRACTICE MEETS SCIENCE

19 - 21 March 2021, Westin Velachery, Chennai

Scientific Program

Day 1 - 19th Mar 2021

| S Murthy - HALL | | Narasimhan - HALL | |
|---|--|--|--|
| Time | Topic | Time | Topic |
| Made possible with sponsorship support by: BIOCON Opening Symposia: A Hundred Years in Insulin Chairperson: R Madhavan | | Made possible with sponsorship support by: ABBOTT The Thyroid and Diabetes Chairperson: TBA | |
| 17:00 - 17:20 | Speaker: G Vijayakumar Why is Insulin still a taboo and what can we do about it? | 17:55 - 18:00 (Virtual) | Speaker: Sanjay Agarwal Context Setting |
| 17:20 - 17:40 | Speaker: Bipin Sethi The future of Insulin - What is in store? | 18:00 - 18:15 | Speaker: K M Prasanna Kumar Current evidence - Diabetes and Thyroid |
| 17:40 - 17:50 | Discussion | 18:15 - 18:25 | Speaker: Krishna G Seshadri RSSDI Guidelines on Thyroid and T2DM |
| Out of mind Chairperson: Balaji Chidambaram, R Madhavan | | 18:25 - 18:35 | Speaker: Vijay Bhaskar Reddy RSSDI Guidelines on Thyroid and T1DM |
| 17:55 - 18:15 | Speaker: Manoj Chadha The Bone and its metabolism in Diabetes and the lessons for the clinician | | |
| 18:15 - 18:35 | Speaker: Sruti Chandrasekaran Diabetes menstrual health, fertility and menopause: Implications for clinical care | 18:35 - 18:55 | Panel Discussion |
| 18:35 - 18:45 | Discussion | | |
| Industry Spotlight Chairperson: Sai Kandula | | Special Lecture Chairperson: K M Prasanna Kumar, S Venkatraman, A G Unnikrishnan | |
| 19:00 - 19:20 | Made possible with sponsorship support by: AstraZeneca Speaker: S Sridhar Dapagliflozin: A single point cardio renal solution for diabetes | 19:00 - 19:25 (Virtual) | Speaker: A G Unnikrishnan Does Diabetes accelerate aging? |
| | | 19:25 - 19:55 (Virtual) | Speaker: V Mohan Making Excellence a habit |
| 19:20 - 19:40 | Made possible with sponsorship support by: Serdia Speaker: Karthik Balachandran UK CPRD Study results and clinical implications | 19:55 - 20:20 (Virtual) | Speaker: Dale Abel Translational medicine - Diabetes and Heart failure - Pathophysiology and Therapeutic Opportunities |
| 19:40 - 20:00 | Discussion | 20:20 - 20:45 (Virtual) | Speaker: Sunder Mudaliar Fuel energetics and retinopathy |
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| 20:45 | Dinner and Close for the day | | |



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Day 2 – 20th Mar 2021

| S Murthy - HALL | | Narasimhan - HALL | |
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| Time | Topic | Time | Topic |
| 10:00 - 11:20 | Workshop 1: Mind your language: Workshop on communicating with patients – in person and digital Moderated by: Tejal Lathia and Chitra Selvan | 10:00 - 11:20 | Workshop 2: Choosing and interpreting glucose monitoring from SMBG to FGM Moderated by: Manoj Chawla and Usha Ayyagari |
| 11:30 - 12:50 | Workshop 3: Digital devices and technology to enhance your clinical practice – What, when and how? Moderated by: Sanjay Reddy, Rajiv Kovil, AK Das | 11:30 - 12:50 | Made possible with sponsorship support by: USV Workshop 4: Choosing the right patient for an SGLT2i Moderated by: Manoj Chadha and Bipin Sethi |
| 12:50 - 13:45 | Lunch | 12:50 - 13:45 | Lunch |
| 13:45 - 14:00 | Opening Remarks: Homage to a lost generation National and State Anthem | | |
| Short Treats Chairperson: Y Sadashiva Rao, Rama Kumar V V | | Debate: Isocaloric diet modifications are pseudoscience | |
| 14:00 - 14:10 | Speaker: K Selvapandian Management of insomnia in the diabetic patient | 14:00 - 14:05 | Context: J Damodaran Absolutely: Rama Mohan Certainly Not: Purvi Chawla Rebuttal and Audience Interaction Balanced view and Summary: J Damodaran |
| 14:10 - 14:20 | Speaker: K Mohan Dry skin in diabetes – What works | 14:05 - 14:15 | |
| 14:20 - 14:30 | Speaker: Rajesh R P Adhesive Capsulitis | 14:15 - 14:25 | |
| 14:30 - 14:45 | Discussion | 14:25 - 14:35 | |
| 14:45 - 14:50 | | 14:35 - 14:40 | |
| Clinical Grand Rounds: New onset Diabetes Chairperson: AK Das, TS Kannan | | Potpourri Chairperson: Balamurugan R, Balaji Chidambaram | |
| 14:50 - 15:10 | Speaker: Vijaya Bhaskar Reddy Thin young adult with weight loss and new onset diabetes | 14:50 - 15:10 | Speaker: R M Anjana Diabetes in Women – The Indian Story |
| 15:10 - 15:30 | Speaker: Rajesh Rajput 34 year old IT staff worker with new onset diabetes | 15:10 - 15:30 | Made possible with sponsorship support by: Torrent Speaker: Shashank R. Joshi Diabetes and metabolic flexibility the untold story |
| 15:30 - 15:50 | Speaker: Suresh Damodaran New onset diabetes in a patient with a BMI > 35 | 15:30 - 15:50 | Speaker: S R Aravind A reappraisal of the metabolic syndrome and its implications for clinical care |
| 15:50 - 16:00 | Discussion | 15:50 - 16:05 | Discussion |
| Made possible with sponsorship support by: Novo Nordisk Insulin and GLP1RA Chairperson: J Giri | | Made possible with sponsorship support by: Novartis Industry Symposia | |
| 16:00 - 16:20 | Speaker: Karthik Balachandran How have insulins suiting the Indian realities evolved over the century? | 16:00 - 16:20 (Virtual) | Speaker: A G Unnikrishnan Beta cell preservation |
| 16:20 - 16:40 | Speaker: Sruti Chandrasekhar Nuances in use of GLP1RA | 16:20 - 16:40 (Virtual) | Speaker: Nagendra Boopathy Estimating the lifetime benefits of treatment for heart failure |
| 16:40 - 16:55 | Panel – Today and Beyond | 16:40 - 17:00 | Discussion |



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| | | (Virtual) | |
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| 16:55 - 17:15 | Break | | |
| 17:15 - 17:30 | PRIMER Honour Chairperson: K M Prasanna Kumar, S R Aravind, Krishna G Seshadri, AK Das Honour to: S Murthy and Narasimhan M | | |
| 17:30 - 18:15 | Made possible with sponsorship support by: Sanofi Vaccines Chairperson: Rama Mohan, Y Sadashiva Rao Speaker: V Ramasubramanian Influenza and diabetes – Vicious Circle | 17:30 - 17:50 (Virtual) | Chairperson: AK Das, S Venkatraman Speaker: Banshi Saboo Changing perspectives in Type 1 Diabetes Management |
| | | 17:55 - 18:15 (Virtual) | Chairperson: S Murthy Speaker: Susan Mandel State of the art: Thyroid Nodules |
| 18:15 - 18:40 | Made possible with sponsorship support by: Ipca Chairperson: Rama Mohan, Y Sadashiva Rao Speaker: K M Prasanna Kumar Inflammation and Diabetes: The link | 18:15 - 18:35 (Virtual) | Chairperson: S R Aravind, Krishna G Seshadri, K M Prasanna Kumar Speaker: Heiko Lickert Inceptor and its effects on insulin action at the beta cell |
| | | 18:35 - 18:55 (Virtual) | Speaker: Rohit N. Kulkarni Therapeutic implications of insulin action in the beta cell |
| 18:40 - 19:00 | Made possible with sponsorship support by: Abbott Chairperson: Rama Mohan, Y Sadashiva Rao Speaker: Suresh Damodaran Unique challenges in India: Postprandial Hyperglycemia and Glycemic Variability | 18:55 - 19:15 | Discussion |
| | | 19:15 - 19:55 (Virtual) | Chairperson: V Mohan, S Venkatraman Honour Lecture Speaker: Venkat Narayan K M The origins of diabetes in Indians |
| | | 20:00 - 20:45 (Virtual) | Chairperson: V Mohan, S Venkatraman, Krishna G Seshadri Speaker: Ajit Varkey Distinctly Human Evolution of Sialic acid Biology: implications for "Uniquely Human" Diseases |
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| 20:45 | Close for the day | | |



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Day 3 – 21st Mar 2021

| S Murthy - HALL | | Narasimhan - HALL | |
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| Time | Topic | Time | Topic |
| 08:45 - 10:05 | Workshop 5: Testing and interpreting thyroid function and managing hypothyroidism – A case based workshop Chairperson: S Murthy Moderated by: Bharath Ramji and Muthukumaran Jayapaul | 08:45 - 10:05 | Workshop 6: Difficult to control hypertension Moderated by: A Muruganathan, R Balamurugan and Rajiv Kovil |
| Special Symposia: Cardio – Renal Metabolic Syndrome Chairperson: J Giri | | Endocrine Googlies Chairperson: P G Sundarraman, S Sridhar | |
| 10:05 - 10:25 | Speaker: Abraham Oomman The Cardiology perspective | 10:05 - 10:25 | Speaker: V Kumaravel Velayutham Drug induced endocrinopathies |
| 10:25 - 10:45 | Speaker: Georgi Abraham The Renal perspective | 10:25 - 10:45 | Speaker: Karthik Balachandran Labomas in Endocrinology |
| 10:45 - 10:55 | Discussion | 10:45 - 10:55 | Discussion |
| 11:05 - 11:30 | Speaker: Shashank R. Joshi The impact of stress on diabetes and metabolic syndrome: An evidence based review | 11:00 - 11:30 | Chairperson: P G Sundarraman, S Sridhar Speaker: Muthukumaran Jayapaul Hyperthyroid drugs how much and how long? |
| Made possible with sponsorship support by: MSD DPP4 Inhibitors and their continuing relevance in clinical care Chairperson: Rajesh R P, Gowri Shanker R | | Made possible with sponsorship support by: Sanofi Basal Insulin Symposia Chairperson: Mohan K, Kannan N | |
| 11:30 - 11:50 | Speaker: Manoj Chawla Getting the most out of Gliptins in Indian patients | 11:30 - 11:50 | Speaker: G Vijayakumar Time-in-range: Clinical Implications and Role of Gen 2.0 Basals |
| 11:50 - 12:10 | Speaker: Vijaya Bhaskar Reddy Towards clinical JUNCTION-DPP4 Inhibitors | 11:50 - 12:20 | Speaker: Muthukumaran Jayapaul Evolution of Basal Insulin Optimization approaches over 2 decades in India |
| 12:10 - 12:30 | Discussion | 12:20 - 12:30 | Discussion |
| Made possible with sponsorship support by: Eli Lilly Insulin @ 100 Chairperson: Shashank R Joshi | | Made possible with sponsorship support by: Boehringer Ingelheim Addressing the CRM spectrum through OHAS Chairperson: Selvapandian | |
| 12:30 - 12:50 | Speaker: Rajesh Rajput Pleotropic benefits of GLP1-RA | 12:30 - 12:45 | Speaker: Rajiv Kovil Role of DPP4i (Focus on Linagliptin) |
| 12:50 - 13:00 | Speaker: Shashank R Joshi Evolution from lletin to Humalog and beyond | 12:45 - 13:00 | Speaker: Suresh Damodaran Role of SGLT2i-MF FDC |
| 13:00 - 13:35 | Speaker: Manoj Chawla, Usha Ayyagari, Shashank R Joshi, Vijaya Bhaskar Reddy, Rajesh Rajput Panel Discussion | 13:00 - 13:15 | Speaker: Krishna G Seshadri Role of SGLT2i DPP4i FDC |
| | | 13:15 - 13:30 | Speaker: G Vijayakumar Empowering Cardio-Renal-Metabolic Outcomes in T2DM: Foundational Place of SGLT2-inhibition |
| 13:30 | Lunch and Close of Conference | | |